

Roll No. _____

Please check that this question paper contains 11 questions and has 12 printed pages.

D.A.V. INSTITUTIONS, CHHATTISGARH

Sample Paper - III

Class X Exam 2023-24

English-Language and Literature (184)

Time Allowed : 3 Hours

Maximum Marks: 80

General Instructions:

1. 15-minute prior reading time allotted for Q-paper reading.
2. The Question Paper contains THREE sections READING, GRAMMAR & WRITING and LITERATURE.
3. Attempt question based on specific instructions for each part.

SECTION A- READING SKILLS (20 Marks)

I. Read the passage given below.

10

1. There's a tendency to think that mindfulness should take place in a quiet room, but the core of the practice translates well to more active areas of daily life with wonderful benefits.
2. One area you might not have considered applying the practice could be your eating habits.
3. In our busy and tech-focused lives, it's common for our schedules to be overwhelming. It's not uncommon to forget to eat lunch. Or if we do remember to eat, we scoff our meal down without really thinking if we're giving our body what it needs.
4. How often have you eaten a meal, only to still feel hungry afterward? Rarely do we give our brains and bodies the time they need to process the fact that food has arrived or taken the time to enjoy being present at mealtimes.
5. According to the Center for Mindful Eating, mindful eating incorporates the practice of meditation and consciousness to help you identify what you eat when you eat, why you eat, and to appreciate food as you eat it.
6. Through practicing mindful eating, you can become more aware of your eating habits - good and bad - and make the changes needed to improve your sense of wellbeing that can be achieved through eating. It's a way of listening to your body's cues to understand when you're hungry, thirsty, satiated, and the nutrients it's craving.
7. The principles of mindful eating were initially developed by a team of 19 psychology and therapy professionals at the Center for Mindful Eating. They're a great starting point for developing your

knowledge in this area. The Center has extensive resources, but some general aspects of mindful eating include :

- Engaging all of your senses when selecting which foods to eat and paying attention to how they look, feel, smell, and taste.
- Creating time to choose, prepare, and cook meals with intention.
- Paying attention to how your body responds to different foods physically.

8. Someone who uses the practice of mindfulness when eating :

- Accepts there is no wrong or right way to eat, but there are different levels of awareness relating to the experience of eating food.
- Acknowledges that everyone's eating experiences are unique to them.
- Develops awareness of how their eating habits can support their overall health and well-being.
- Understands the deep interconnectedness that exists between all living beings, cultural dynamics, and how food choices impact these connections.

9. Mindful eating extends beyond the individual and encompasses the knowledge that how and what you eat has a broader effect on the world (Cheung, 2016).

Based on your understanding of the passage, answer the questions given below.

i. When the writer asks, 'How often have you eaten a meal, only to still feel hungry afterward? One of these acts of un-mindfulness does not really correspond to the question : 1

- (a) We suffer from 'not being present at mealtimes.'
- (b) We don't process the fact that food has arrived.
- (c) Our schedules are overwhelming.
- (d) Our lives are busy and tech-focused.

ii. The writer convinces us to acknowledge that everyone's eating experiences are unique to them (Para 8). 2

iii. Select the option that corresponds to the following relation below. 1

The more you practice mindful eating, the more improved is your sense of well-being.

- (a) The happier you are-the lesser you will fall ill.
- (b) The bigger the vehicle-the lesser the chances of an accident.
- (c) The bigger the bonus-the longer is the shopping list.
- (d) The lesser your well-being-the lesser is your food intake.

iv. Select the option that displays what the writer wishes to project with reference to the following statement. 1

We scoff our meal down without really thinking if we're giving our body what it needs.

- (a) we are generally unthinking and mechanical.
- (b) we are trained to be indifferent.
- (c) we are always hard-pressed for time.
- (d) we are interested but have no choice.

v. Complete the following with a phrase from paragraph. 1

Opinion	Reason
	to add in or include

- vi. Based on your reading of the text, list 2 reasons why the writer says that even the stages preceding mindful eating have as deep an impact on us as the act of eating conscientiously. 2
1. ____
 2. ____
- vii. The writer implies in this discourse that mindfulness in all stages of eating also has a deep bearing on all the beings in the world. One of these options does not correspond to this thought. 1
- (a) Our mindfulness depends on all beings.
 - (b) All living beings are deeply interconnected.
 - (c) All living beings have cultural dynamics among them.
 - (d) Our food choices impact all living beings.
- viii. Evaluate the INAPPROPRIATE reason for the principle that ‘mindful eating incorporates the practice of meditation and consciousness.’ 1
- (a) to appreciate the kind of food one eats
 - (b) the timings of eating
 - (c) the reasons for eating
 - (d) the type of people we are eating with

II. Read the passage given below.

1. According to WHO, 4.4 lakh people died in 2018 of TB in India, which is 29 per cent of the total 1.5 million TB deaths in the world. India features among the top eight countries in TB cases. Adding to this are the “million missing cases every year that are not notified, remain either undiagnosed or inadequately diagnosed”, states WHO.
2. Mycobacterium tuberculosis, a small, aerobic, non-motile bacillus causes TB which spreads when a person with an active infection coughs or sneezes and someone inhales the expelled droplets much like Covid-19. The most common risk factor associated with TB is HIV, consumption of tobacco, malnutrition or/and alcoholism.
3. Coughing for more than 2 weeks, loss of weight, loss of appetite, fever and night sweats, fatigue are common symptoms. One should seek medical advice immediately.

Treatment :

- Sputum examination : Samples of mucous and phlegm are checked for the presence of bacteria.
- Chest X-ray : In TB infection, there are changes in the structure of lungs.
- Drug susceptibility testing : It provides a definitive diagnosis of drug- resistant TB.
- CBNAAT : for early diagnosis and TB in people living with HIV, EP-TB (extra-pulmonary TB) and pediatric population. The CBNAAT machines are in all districts and major Pediatric hospitals.

- Computerized tomography (CT) scan: A series of X-rays
- Magnetic resonance imaging (MRI) scan : A magnetic field and radio waves produce detailed images
- Ultrasound scan: High-frequency sound waves create an image
- Urine tests
- Biopsy : A small tissue sample is taken from the affected site
- Initiation of appropriate anti-TB treatment in both (public or private health services), awareness about social support, good diet and removal of stigma are also undertaken.
- All health care providers (both public and private providers), laboratories and chemists have to notify TB cases to local government health authorities using web-based TB surveillance system called “NIKSHAY”.
- Free TB drugs as daily fixed dose combinations (FDCs) according to directly observed therapy (DOT).

DOT is a specific strategy, to improve adherence by a person observing the patient taking medications in real time. The observer may be a health-care worker, a friend, relative or a lay person who works as a treatment supervisor. If treatment is incomplete, patients may not be cured and drug resistance may develop.

Based on your understanding of the passage, answer the questions given below.

- i.** Select the appropriate option to fill in the blanks. 1

From paragraph 2, we can infer that both tuberculosis and Covid-19 have differentiating traits such as _____.

- (a) both are airborne infections
- (b) TB is bacterial, Covid is viral
- (c) Both TB and Covid are highly infectious
- (d) both are caused by low immunity

- ii.** Infer the reason for the following, based on information in paragraph 1. The number of TB patients in India as reported by the WHO is a misleading number. 2

- iii.** Replace the underlined word or phrase from the statement given below with the most suitable option.

The most common risk factor associated with TB is HIV, consumption of tobacco, malnutrition or/and alcoholism. (Para 2) 1

- (a) ingestion (b) preservation
- (c) absorption (d) assimilation

- iv.** Select the correct option to complete the following sentence. 1

Apart from making drugs and health care available, _____ will help fight the battle against Tuberculosis.

- 1. social support

- 2. nutritious diet
- 3. awareness
- 4. medicines

- (a) 1 and 2
- (b) 2 and 3
- (c) 1, 2 and 3
- (d) 3 and 4

v. Select the chart that appropriately represents the percent of deaths due to TB in India and the world. 1

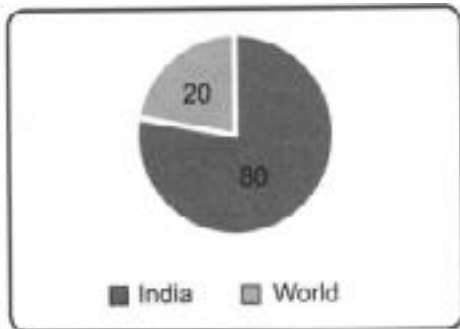


Chart (i)

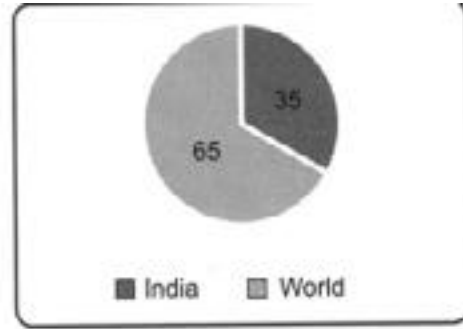


Chart (ii)

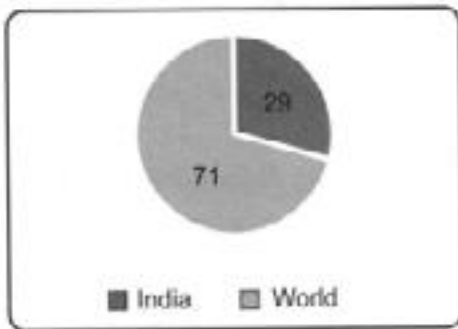


Chart (iii)

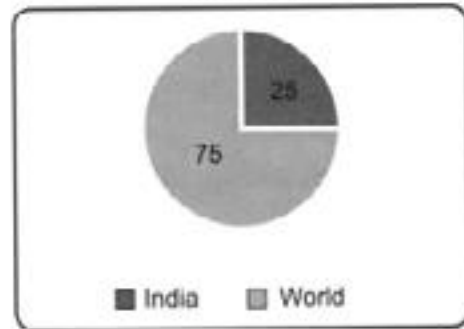


Chart (iv)

vi. Fill in the blank by selecting the correct option. 1

The success of NIKSHAY has to be assured by _____ if we want to manage Tuberculosis at the micro- level.

- (a) making health-care workers notify all TB cases to the local authorities
- (b) registering all health care providers and chemists
- (c) updating the web-based TB surveillance systems regularly
- (d) making Drug susceptibility testing among the TB patients mandatory

vii. List any two ways of early diagnosis of tuberculosis as referred to in the paragraph on Treatment. 2

- 1. _____
- 2. _____

viii. Substitute the word 'ejects' with ONE WORD similar in meaning as given in Para 2, in the following, sentence: 1

The human body ejects wastes like urine, sweat, stool and other toxins to maintain our health and its equilibrium.

SECTION B- WRITING SKILLS & GRAMMAR (20 Marks)

GRAMMAR

10

III Complete ANY TEN of twelve of the following tasks, as directed.

- i.** Fill in the blank by choosing the correct option to complete the sentence. 1
Yesterday, when I _____ home late at night, I _____ to find my house unlocked.
(a) had returned, was shocked
(b) returned, was shocked
(c) was returned, got shocked
(d) had to return, were shocked
- ii.** Read the conversation between two friends. Complete the sentence by reporting the conversation. 1
Ankit : May I drop you there in my car at the airport? Atul : Thanks a lot. It will be a great help to me.
When Ankit asked Atul _____ at the airport in his car, Atul thanked him adding that it _____.
- iii.** Select the correct option to fill in the blank for the given line, from an article on environment. 1
In this way, we _____ wage the war against environmental destruction with a two-pronged approach of rationality and sensibility, and some day, win the battle altogether.
(a) will
(b) can
(c) might
(d) could
- iv.** Select the option that identifies the error and supplies the correction for the following line, from an article. 1
Kalpana Chawala was at the top in an newspapers ever.
- | Option No. | Error | Correction |
|------------|-------|------------|
| (a) | at | on |
| (b) | an | the |
| (c) | was | were |
| (d) | the | a |
- v.** Complete the given narrative, by filling in the blank with the correct option. 1
All sorts of cruelties _____ upon them but the farmers remained united.
(a) are being inflicted
(b) had inflicted
(c) were inflicted
(d) might be inflicted
- vi.** Fill in the blank by using the correct form of the word in the bracket, for the given portion of a letter. 1
Subject : Human dependence on technology.

Through this letter, I wish to highlight our excessive dependence on technology which _____ steadily but surely _____ (turn) us into slaves.

- vii. Report the dialogue between a beggar and a woman by completing the sentence. 1

Lady : Aren't you ashamed of not working?

Beggar : Madam, begging is also a work.

An annoyed lady asked a beggar _____, to which the beggar retorted that _____

- viii. Identify the error in the given sentence, from a security report of a residential area and supply the correction. 1

Most of the people would have given the thief to the police so as to get rid of him and to safeguard their household goods.

Use the given format for your response.

Error	Correction

- ix. Rishabh told his teacher that he had fever the previous day and that's why he was absent. Report the question asked by his teacher. 1

- x. Fill in the blank by choosing the correct option, to complete the sentence. 1

Countless freedom fighters lost their _____, and then we got a country to survive.

(a) lives (b) lifes (c) life (d) live

- xi. Select the correct option to complete the narration of the dialogue between a husband and wife. 1

Ryan : I have invited four of my friends for dinner today. Renee : Then I will invite my friends also.

When Ryan told Renee that he four of his friends for dinner that day, Renee remarked that _____ also.

- (a) had invited, would invite her friends
(b) has invited, will invite her friends
(c) was inviting, would invite her friends
(d) will be inviting, she will invite my friends

- xii. Identify the error next to a busy shop's billing counter and supply the correction, for the following. 1

Thank you for your patients!

Use the given format for your response.

Error	Correction

WRITING 10

Note: All details presented in the questions are imaginary and created for assessment purpose.

- IV. Attempt ANY ONE from A and B given below. 5**

A. You are Abhimanyu Sikri, resident of 119, Nilgiri Apartments, Kirti Nagar, Delhi. You purchased a wardrobe made of recycled wood shaving; from M/s Pawan Sales, Ramesh Nagar, Delhi. Write a letter of complaint to the Sales Manager asking for replacement of the product which you purchased 15 days ago. You have found that doors do not shut and the paint is uneven.

OR

B. You live in Gulmohar Apartments, Ghaziabad whose residents are very fond of a park situated nearby their society. While it is the centre of playtime and fun and frolic for the children in the evenings, it is also where the adults spend their time walking, strolling, doing yoga, and socially interacting with each other. But a commercial shopping complex backed by local political leaders will replace the park soon. Express your concerns in a letter to the editor of a national daily as Ruchir Dagar.

V. Attempt **ANY ONE** from A and B given below.

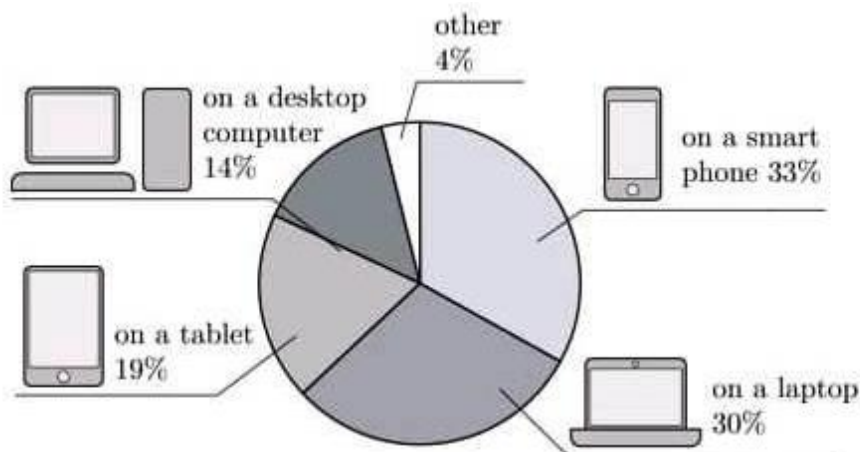
5

A. The cartoon below makes fun of the kind of fashions followed by today's youth. Using ideas from this cartoon together with your own ideas, write an analytical paragraph in 100-120 words on changing fashions.



OR

B. The pie chart below illustrates how internet users aged 16+ prefer to access the internet at home and in other places. Summarize the information in the pie chart by selecting and reporting the main features. Write in 100 – 120 words.



SECTION C- LITERATURE TEXTBOOK AND SUPPLEMENTARY READING TEXT (40 MARKS)

VI Read the given extracts and answer the questions for ANY ONE of the two, given. 5

A. The baker or bread-seller of those days had a peculiar dress known as the kabai. It was a single-piece long frock reaching down to the knees. In our childhood we saw bakers wearing shirt and trousers which were shorter than full-length ones and longer than half pants. Even today, anyone who wears a half pant which reaches just below the knees invites the comment that he is dressed like a pader!

(Glimpses of India —A Baker from Goa)

- i.** What are the bakers known as in Goa? 1
1. Pader
 2. Portuguese
 3. Pekar
 4. Baker
- (a) option 1 only (c) option 2 and 3 only
(b) option 2 only (d) option 4 only
- ii.** What makes a person commented as Pader ? 2
- iii.** What according to the extract was the narrator’s childhood memory? 1
- (a) Narrator used to visit bakeries regularly.
 - (b) He was scolded by the baker for being restless.
 - (c) The narrator remembered baker’s distinct dress.
 - (d) The narrator also dressed up like a baker.
- iv.** Select the option that correctly captures the application of the word ‘peculiar’ as used in the 1st line of the extract. 1
- (a) The dog’s peculiar behaviour worried them.
 - (b) She had a peculiar expression on her face.
 - (c) She got a peculiar feeling when the phone rang.
 - (d) His peculiar way of dressing made him stand out.

OR

B. “But, please, Stephen Stepanovitch, how can they be yours? Do be a reasonable man! My aunt’s grandmother gave the meadows for the temporary and free use of your grandfather’s peasants. The peasants used the land for forty years and got accustomed to it as if it was their own, when it happened that...

(The Proposal)

- i.** Why did the peasants treat the land as their own? 1
- (a) They used the land for forty years. (c) Both (a) and (b)
 - (b) They got accustomed to using the land. (d) None of the above

- ii. Why did his aunt's grandmother give the meadows? Answer in about 40 words. 2
- iii. Complete the analogy. 1
accustomed: unaccustomed:: perennial:
- iv. Who gave the free use of this land to whom? 1

VII. Read the given extracts and answer the questions for ANY ONE of the two, given. 5

A The way a crow
Shook down on me
The dust of snow
From a hemlock tree
Has given my heart
A change of mood
And saved some part
Of a day I had rued.

(Dust of Snow)

- i. Complete the sentence appropriately. 1
It is clear that 'Symbolism' is the poetic device used in 'Crow...' because _____.
(Clue : explain how symbolism applies here)
- ii. The poet has used rhyme scheme in the given lines. What effect does he wish to create by its use? 2
- iii. Select the appropriate option to complete the sentence, according to the extract. The idea that has been reflected 'I had rued', is _____. 1
(a) didactic (b) humorous
(c) apprehensive (d) optimism
- iv. What is the poet's point view about dust of snow? 1
(a) It soiled his clothes.
(b) It was poisonous as it fell from Hemlock tree.
(c) It gave the poet some positivity.
(d) Poet was not affected by it.

OR

B. As he stands rigid, trembling, staring down
All his young days into the harbour where
His ball went. I would not intrude on him;
A dime, another ball, is worthless. Now
He senses first responsibility
In a world of possessions. People will take
Balls, balls will be lost always, little boy.

- i. What is the poet's tone in the extract? 1

1. philosophical
2. Alarming
3. reflexive
4. optimistic
5. commanding

Select the appropriate option.

- (a) 2 and 3 (b) 3 and 4
(c) 2 and 5 (d) 1 and 3

- ii. What does the poet convey in the given extract? 2
- iii. Complete the analogy about the trait of the animal from the extract. 1
Aeroplane : airport :: Ship : _____.
- iv. Select the sentence in which the word 'rigid' is used in the similar manner as 1st line of the extract. 1
- (a) Rigid rules make the public suffer.
(b) Your rigid behaviour has ruined the day.
(c) His rigid posture explained everything.
(d) Don't be too rigid, it will harm you.

VIII Answer ANY FOUR of the following five questions, in about 40-50 words each. 3x4 = 12

- i. What made the speaker term it as "an easy flight"? Did his prediction come true?
(Two Stories About Flying)
- ii. Why does Chubukov call back Lomov even after driving him out of his house? *(The Proposal)*
- iii. How would a life on a tower be different from a life anywhere else for Amanda? *(Amanda!)*
- iv. Mr. Keesing was a strict but kind teacher. Explain the truth of this statement.
(From the Diary of Anne Frank)
- i. Do you think the trees are justified in the revolt? State two values which man should possess to stop the revolt.

IX Answer ANY TWO of the following three questions, in about 40-50 words each. 3x2 = 6

- i. Who is 'the artist' in the story 'Bholi'? What is 'the masterpiece'? *(Bholi)*
- ii. What made the thief come back to Anil? *(The Thief's Story)*
- iii. What was the 'frightful disaster'? How did it change Loisel's lives? *(The Necklace)*

X Answer ANY ONE of the following two questions, in about 100-120 words. 1x6 = 6

- A. Mijbil and Seagull, both liked to be in their comfort zone and wished to be liked by their people. Assume they both met each other at a sea beach of California and shared their expedition. Write this conversation as per your understanding of the chapters 'Mijbil the Otter' and 'The first Flight'.

(Mijbil the Otter)

OR

- B.** A teacher can influence a student's character to grow and evolve in every way . Explain it with reference to 'Bholi' and 'From the Diary of Anne Frank'. If you had to use the message with reference to both the chapters 'Bholi' and 'From the Diary of Anne Frank' how will you elaborate it? Also, how it is relevant to both.

(Bholi and From the Diary of Anne Frank)

XI Answer **ANY ONE** of the following two questions, in about 100-120 words. **1 x 6=6**

- A.** Horace Danby was a meticulous planner but still he faltered. Comment.

(A Question of Trust)

OR

- B.** Imagine that Noodle, from The Book that Saved the Earth writes a diary entry exploring the theme of cultural and language differences between two places (planets), in the context of his own experience. Write this diary entry, in about 120 words.

* * *